



Canberra Yacht Club

Adult and Family Programs 2021-22

WELCOME, to the Canberra Yacht Club Sailing School. The Sailing School is a division of the Canberra Yacht Club. It is accredited by Australian Sailing as a Registered Discover Sailing and Training Centre.



Level 1: Beginners Course (Adults and Family)

Costs

The cost of the program is \$480 per person. A \$20 discount applies if you are a member of the Canberra Southern Cross Club.

Level 1 Course dates.

(Each course consists of two Thursdays and two Saturdays)

| Level 1 Course | Theory Thursday 5.30-7.30pm | Practical Saturday 12-5pm | Theory Thursday 5.30-7.30pm | Practical Saturday 12-5pm |
|----------------|-----------------------------|---------------------------|-----------------------------|---------------------------|
| A1 | 30 Sept | 2 Oct | 7 Oct | 9 Oct |
| A2 | 14 Oct | 16 Oct | 21 Oct | 23 Oct |
| A3 | 18 Nov | 20 Nov | 25 Nov | 27 Nov |
| A4 | 9 Dec | 11 Dec | 16 Dec | 18 Dec |
| A5 | 6 Jan | 8 Jan | 13 Jan | 15 Jan |
| A6 | 27 Jan | 29 Jan | 3 Feb | 5 Feb |
| A7 | 10 Feb | 12 Feb | 17 Feb | 19 Feb |
| A8 | 17 Mar | 19 Mar | 24 Mar | 26 Mar |
| A9 | 31 Mar | 2 Apr | 7 Apr | 9 Apr |



Aim

Our aim is to make sailing fun and enjoyable for all. We provide high level coaching for all introduction courses and the opportunity for you to progress as far as you wish on our pathway. We offer a comprehensive range of training for all levels of sailing.

Adult Sailing

The adult sailing course is programmed to fit in with your busy lifestyle. The courses are designed for beginners through to the experienced sailor wishing to improve and build on existing skills.

Adult Courses are for people aged 17 – 70.

Family Sailing

Learning to sail as a family is a great way to spend quality time together while discovering a sport for life. The focus of the course is to have fun, keep safe and learn to sail. It is an excellent way to keep active and enjoy valuable family time.

Family courses are available for people aged 13 – 70. The maximum per boat is 4 persons.

*Ask us when our family courses are available.

Sailing Courses Available

Level 1: Beginners Course (Adults and Family)

Adult and Family Sailing courses are conducted during the months of October to March. Each course consists of 14 hours of theory and practical coaching.

Level 2: Learn to Race Intermediate Course

These courses are designed for adults who have completed a Level 1 course and are looking to build skills on that foundation. Each course is held on Tuesday and Wednesday evenings for three weeks.

Accreditation For Participants

All students progress toward nationally recognised Australian Sailing (AS) accreditation.

Level 2: Learn to Race Intermediate Course

The Learn to Race course is conducted on Tuesday and Wednesday evenings alongside the Club's informal twilight races. The course consists of two evenings a week for 3 weeks.

The course is designed for those who have completed the Level 1 course and wish to continue building their skills and confidence, and pick up some new skills and a love of racing!

Tuesdays are practical instructional sessions on the water in RS Quests, Lasers or Hobies. On the Wednesday an instructor will be on the water to help you progress in your sailing and compete in the fun, social atmosphere of Twilight Racing starting at 6pm.

Lease of Sailing School RS Quests

On the completion of the Level 2/Learn to Race graduates are eligible to lease the Sailing School RS Quests for a term of racing. The perfect opportunity to try before you buy, and experience competitive, fun and exciting racing with the club. Contact the office for lease and pricing information.

Cost

The cost of the program is \$360 per person.

Level 2/Learn to Race course dates.

Each course consists of three Tuesday and three Wednesday sessions. All sessions are from 5.30-7.30pm.

LTR 1 Oct 26, 27, Nov 2, 3, 9, 10

LTR 2 Feb 1, 2, 8, 9, 15, 16

LTR 3 Mar 8, 9, 15, 16, 22, 23

Canberra Yacht Club

(ACT SAILING INC) ABN 93 090 967 514

Ph 6273 4777

PO Box 7169, Yarralumla ACT 2600
Mariner Place Yarralumla ACT 2600
admin@canberrayc.com

www.canberrayc.com