



INFORMATION PACK

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

You could be in this photo

WELCOME to the 43rd Sabre Sailing Association of Australia National Championships, hosted by the Canberra Yacht Club on Lake Burley Griffin, 5 January to 12 January 2022.

This information pack has been prepared by the Sabre Sailing Association of NSW (SSANSW) to help with your planning to participate or to convince you that sailing on Lake Burley Griffin at the next Sabre Nationals 2022 is just the adventure for you!

CONTENTS

1. Where to find the official regatta documents and answers to competitor FAQs
2. Information about Lake Burley Griffin
3. Visitor / competitor information to help your preparations, including
 - a. Sample accommodation options
 - b. Tourist attractions
 - c. Emergency, health and shopping centres



Boats sailing on West Basin, Lake Burley Griffin. West Basin is one of the areas that may be used for the racing. Photo taken by Sue Hextell from the lake foreshore in front of the Canberra Yacht Club control tower.



INFORMATION PACK

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

1. Where to find the official regatta documents and answers to competitor FAQs

The host club for the 2022 Sabre Nationals is the Canberra Yacht Club (CYC) located in Mariner Parade, Yarralumla, ACT. The Canberra Yacht Club is hosted on the site by the Canberra Southern Cross Club group which has overall control of parking and access to the area and provides dining and social options on the site.

Official regatta documents including the Notice of Race, Sailing Instructions and Provisional Results will be available at the CYC [website](#), under the Racing/Events tabs, then CYC Special Regattas.

Direct link to the CYC Special Regattas tab:
<https://canberrayc.com/specevents.php>

Frequently Asked Questions

- Q. Is there trailer parking at the regatta venue?
- A. Yes. Some of the trailer parking may not be secure so please bring a lock and chain

- Q. Can I drop off my boat/trailer prior to the regatta?
- A. Yes. Please note that the boat rigging area does not have secure fencing. The area is patrolled by a security company, is well lit, has security cameras and many other boats are stored there permanently. Boats and trailers are stored at the owners risk. Please drop off your boat from the carpark and do not drive your vehicle on the grass areas.

- Q. What food will be available at the regatta venue?
- A. **Snapper on the lake** located on the ground floor of the Canberra Yacht Club. This facility provides good take away or dine in fish and chip and other options with clear views of the sailing
<https://www.csccl.com.au/snapper>

The Canberra Southern Cross Club also provides meals in a more formal atmosphere on the first floor of the club. Bookings are essential. <https://www.csccl.com.au/yacht-club>

- Q. Is there anywhere else to view the racing?
- A. Yes, apart from the grass area in front of the CYC, options include:



INFORMATION PACK

- “**Expert’s point**” which provides some great viewing opportunities of sailing on West Basin, Lake Burley Griffin. Ask a local for directions, we’ll tell you where to go 😊
- **GoBoatCanberra** – Electric boats for hire providing your own opportunity to visit many parts of the Lake and possibly watch some of the sailing close up <https://goboat.com.au/canberra/>
- Depending in weather conditions, some races may be held on **Central Basin**. This is a short drive or about a 15 minute walk from the Canberra Yacht Club and the racing can be viewed from anywhere around Central Basin.

Q. Are there any scheduled social events during the regatta?

A. We have not committed to these yet as it will depend on the COVID 19 situation. If the ACT and Federal Government regulations permit, there will be some social events planned closer to the time.

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

Q. Is there a parking fee at the venue?

A. Canberra Southern Cross Club is currently introducing controlled, paid parking on the site. At this stage it is unknown if the Southern Cross Club will exempt participants of this regatta from these fees. We will advise further once negotiations are finalised.

Q. There is a brick wall in the picture on page 1. Do I have to launch my boat over that wall?

A. No, there is a further grass area on the eastern side of the club, with launching from grass or ramp to Lotus Bay. Lotus Bay provides a sheltered area for launching and retrieval.





INFORMATION PACK



With no sand to negotiate or tide to consider, boats can be stored near the water.
Photo courtesy Sue Hextell

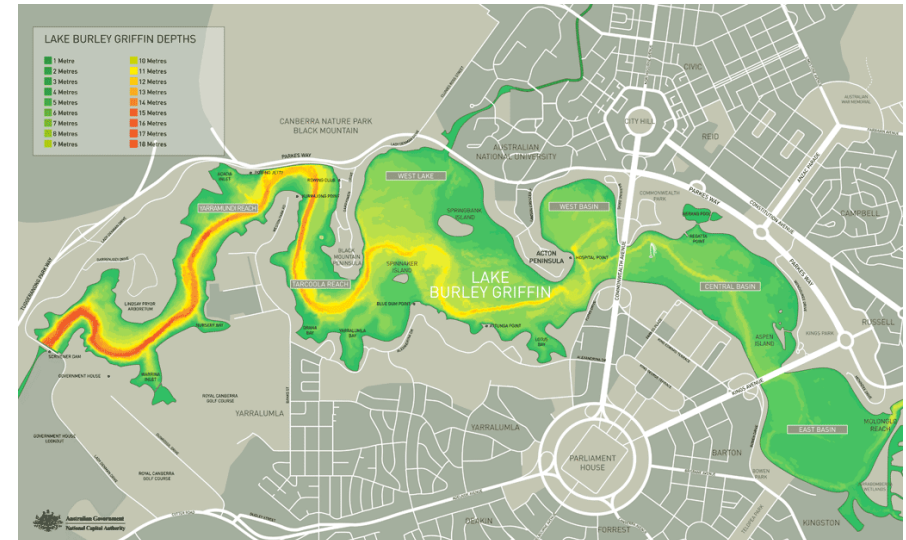
Q. Is it safe to swim and sail on LBG? How deep is the lake?

A. Yes, it is usually safe to swim in the lake. The National Capital Authority (NCA) [website](#) is a good source for:

- summer water quality data updates; and
- other information for lake users. Competitors should review the NCA website if considering bringing support powered vessels.

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

The below [map](#), originally sourced from the NCA, shows that once launched, the LBG water depth is great for sailing.



Q. I have a question that has not been covered, who can I contact?

A. Canberra Yacht Club

<https://canberrayc.com/contactform.php>,

Ph. 02 6273 7177

Jamie Simpson, SSANSW President –

jamie.simpson7@icloud.com

Mob. 0419 403 551

Geoff Comfort, SSANSW Vice President

geoff@geoffcomfort.com

Mob. 0411 268 146



INFORMATION PACK

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

2. Information about Lake Burley Griffin

Before the lake was built, dinghy sailing was held at [Lake George](#), NSW.

Lake Burley Griffin was created by damming the Molonglo River between Scrivener Dam and the Dairy Road Bridge. The lake was 'born' in 1963, but did not fill to 1964 when the lake inauguration was held.



Photo: PM Menzies inaugurates Lake Burley Griffin. Central Basin is shown in the background and may be used for some races depending on weather conditions.

For the engineers and history buffs, check out the Screen Australia film of the LBG [inauguration](#). The film outlines the lake planning and construction, then from 8.25mins onward the inauguration ceremony is shown with footage of sailing and other craft on the lake.

More recent information about LGB is available from the [National Capital Authority](#) including quick facts, features of the lake and lakeside recreational areas.

In the event of heavy rain during your visit, pop down to Scrivener Dam to see the excess water coming over the dam gates. There is a viewing area.



3. Visitor / competitor information to help your preparations

For a comprehensive guide to all things in Canberra, visit - <https://visitcanberra.com.au/>

a) Sample accommodation options

This is NOT a complete listing, rather, a sample of options. Generally, availability is good in January as Parliament is not sitting and members and their staff are back in their electorates.

Accom Type	Name	Address	Web link	Notes
<i>Regatta Location</i>	Canberra Yacht Club	Mariner Place, YARRALUMLA	https://canberrayc.com/spec_events.php	No accommodation at the regatta venue. Camping is NOT allowed on lake foreshore.
<i>Options offering proximity or low tariff</i>	Abode Hotels	Abode - Woden 10 Bowes Street WODEN	Abode Woden - Guest Reservations	8km by road to the regatta venue (10min easy drive) Proximity to Woden Shopping Plaza Note: there are other Abode locations available in Canberra.
	YMCA Bush Capital Lodge	191 Dryandra Street, O'CONNOR	Bush Capital Lodge – YMCA Canberra Region	Accommodation for groups, dormitory style 9km by road to the regatta venue (travel through Civic from northside; 12 mins in light traffic)
	Leumeah Lodge	48 O'Hanlon Place, NICHOLLS (A little bit out of the way)	Leumeah Lodge Leumeah Lodge - Leumeah Lodge	Group and hotel accommodation 16km by road to the regatta venue (travel through Civic from outer northside; 20min est travel time)



INFORMATION PACK

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

Accom Type	Name	Address	Web link	Notes
<i>Serviced Apartments and Hotels</i>	Manuka Park Serviced Apartments	1 Oxley St MANUKA	http://www.manukapark.com.au/	4km by road to the regatta venue (7mins in light traffic; travel east to west through Parliamentary Triangle) Proximity to Manuka shopping precinct and restaurants
	Good availability for the regatta period - utilise booking.com or similar for a full range. Note that January is a 'quiet' month in the ACT, with many government/political staff out of town. This approach to finding accommodation may present the best value overall.		Booking.com : Hotels in Canberra . Book your hotel now!	Utilise the map function to identify accommodation options and their proximity to the regatta venue Google travel times will be reasonably accurate as traffic is lighter in January
<i>Something special</i>	Jamala Wildlife Lodge	National Zoo and Aquarium 999 Lady Denman Dr, CANBERRA	http://www.jamalawildlifelodge.com.au/	8km by road to the regatta venue (9mins easy drive). Live with the animals overnight experiences with fine dining option. No proximity to shops etc.
<i>Caravan Parks</i>	Southside Village	Cnr Canberra Ave and Monara H'way, FYSHWICK	Canberra Caravan Park - Affordable Holiday Cabins & Campsites (southsidecanberra.com.au)	7km by road to the regatta venue (travel east to west through the Parliamentary Triangle); 10 mins in light traffic
	Alivio Tourist Park	20 Kunzea St, O'CONNOR	Alivio Tourist Park Only 4kms from the centre of Canberra (aliviogroup.com.au)	9km by road to the regatta venue (travel through Civic from northside; 12 mins in light traffic) On-site store but no proximity to shopping centre



INFORMATION PACK

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

b) Tourist attractions

Please note that some venues may have changed their visiting arrangements, such as introducing ticketing, to meet COVID requirements.

Family attractions close to the event venue

Canberra Yacht Club learn to sail classes and boat hire. Located at the CYC. Details are here - <https://canberrayc.com/learntosail.php> or phone 6273 7177

National Zoo and Aquarium located at Scrivener Dam (the plug that holds in Lake Burley Griffin!) is Canberra's local zoo and aquarium with exotic and native species of animals
<https://nationalzoo.com.au>

National Museum located on the shores of Lake Burley Griffin (opposite the Canberra Yacht Club) with wide range of exhibits and diverse stories of Australia and it's people <https://www.nma.gov.au>

Australian War Memorial is Australia's National war memorial which has some impressive exhibits of wars from around the world. FREE, ticketing required <https://www.awm.gov.au>



Left: The Australian War Memorial is popular with visitors.

National Library is also located on the shores of Lake Burley Griffin and is Canberra's local national library with a wide range of books
<https://www.nla.gov.au>

National Art Gallery has a large range of artworks from around Australia and the world with regular exhibitions <https://nga.gov.au>

Questacon is a fun place where you can learn about science and all things related to science <https://www.questacon.edu.au>

Out and about in Canberra

Arboretum is Canberra's local arboretum with trees from around Australia and the world <https://www.nationalarboretum.act.gov.au>

Parliament House is the house that holds the seat of power in this country and where parliament meets <https://www.aph.gov.au>



INFORMATION PACK

Old Parliament House is the house that previously held the seat of power in Australia and where the parliament used to meet

<https://www.moadoph.gov.au>

Tidbinbilla nature reserve is a nature reserve on the outskirts of Canberra where you can find local Australian animals from the common ones like kangaroos to the uncommon ones like platypus

<https://www.tidbinbilla.act.gov.au>

National Botanic Gardens is Canberra's local plant garden which has a wide range of plants from around the world and Australia

<https://www.anbg.gov.au/gardens/>

Mulligan's Flat woodland sanctuary runs day and night tours around its pest-free grounds of which it has a wide range of native animals to Canberra's local area <https://mulligansflat.org.au>

Cockington Green is a miniature model English village located at Gold Creek Village <https://cockingtongreen.com.au>

Dinosaur Museum also located at Gold Creek Village provides a great learning experience for children and adults alike

<https://nationaldinosaurmuseum.com.au>

Telstra Tower (Black Mountain Tower) can be seen from almost every location in Canberra and so provides an awesome vantage point of views around Canberra including the lake. <https://www.telstratower.com.au>

TIP: you can check out wind patterns on the lake from Black Mountain

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022



Surprise!!

Canberra has light rail from Gungahlin Town Centre to Civic. The rail runs down Northbourne Avenue – sometimes those big red things are hard to see.

Ticket can be purchased at machines located at each stop.

More details [here](#).



INFORMATION PACK

SSAA NATIONAL CHAMPIONSHIPS – JANUARY 2022

MORE places to go - for a fun day out

Big Splash is Canberra's version of a big water park with five slides and a 50m pool <https://bigsplashwaterpark.com.au/>

Canberra aqua park is a floating water park located off Black Mountain peninsular where you run along a floating platform which has many obstacles <https://canberraaquapark.com/>

Summernats is an annual car festival held in Canberra in the first week of January which allows car lovers to show off their modified street vehicles <https://www.summernats.com.au/>

Canberra Deep Communication Centre at Tidbinbilla is owned and operated by NASA and houses Deep Space Station 46 (DSS-46), the antenna located closest to the public carpark at the front of the Complex, which brought back the first images of Neil Armstrong stepping onto the Moon on 21 July 1969
<https://www.cdsc.nasa.gov/>

Remember: check venues in advance in event of changes to times, visitor hours, ticketing etc

c) Emergency, health and shopping centres

In a life-threatening emergency dial Triple Zero (000)

Police assistance: 131 444

Public hospital with 24hr emergency:

Canberra Hospital, Yamba Drive, Garran
(Emergency entry is from Yamba Drive)
Phone 02) 5124 0000

ACT Health: COVID testing [clinics in ACT](#)

Pharmacy (local):

- Yarralumla Pharmacy, 17 Bentham Street, Yarralumla (Ph 02 6281 2654)
- Deakin Pharmacy, 2 Duff Place, Deakin (Ph 02 6281 3420)

Find a health provider in the ACT using [HealthEngine search](#)

Shopping:

- Yarralumla shops: Bentham Street, Yarralumla (IGA, cafes, restaurant)
- Deakin shops: Duff Place, Deakin (IGA, cafes, restaurants)
- [Westfield Woden](#): town centre shopping centre, Woolworths/Coles, general retail, banking, cafes, restaurants