

Canberra Yacht Club COVID SAFE PLAN

Racing & Membership Operations
July 2021



This plan seeks to align Canberra Yacht Club's racing & membership operations with ACT Government Covid measures; under strict adherence to current guidelines. Our foremost concern is with the health and welfare of those involved in sailing at our club, including our staff, volunteers, sailors and guests. CYC has implemented the following key actions to maximize health and safety while providing sailing opportunities for our community.

In accordance with the Notice of Race for all racing, compliance with this Safety Plan is enforceable under the Racing Rules of Sailing.

Change to normal operations:

- Anyone entering the club building for any reason or length of time (any area, including upstairs temporary office & shop) must check in using the Check In CBR App.
- Anyone visiting the club or participating in a program must follow the most up to date advise on the wearing of Face masks. Face masks are not currently required while participating in sport in the ACT, but should be worn in all other required circumstances. Facemasks are not required when eating or drinking.
- Online/SMS registration is also in place.
- A risk assessment of the change rooms has been made and they may be used under current guidelines. Despite this, as the CYC does not have direct control over the cleanliness of these facilities, we do not recommend use of the changerooms.
- Under advice from ACT Sport and Recreation COVID and Australian Sailing, each vessel is considered a separate venue, and as such can have up to 20 people on board, provided that 1.5 meters of physical distancing can be kept when reasonably practical. There should be no physical contact between participants.
- The 2 square meter rule will not apply while sailing, but should be observed on shore.
- Beverages purchased at the members bar must not be consumed in the Canberra Southern Cross Club licensed area (Brick area in front of Snapper).

Contact Tracing & COVIDSAFE App

- It is a requirement that the CYC is able to contact all participants. Please carefully complete your online Racing Entry form, and update changed competitor details at Sign On.
- The CYC strongly recommends participants download and use the Australian Government COVIDSAFE App.

Hygiene for all

We ask that you DO NOT ATTEND the club or connected areas if:

- You are feeling unwell including cough or mild flu-like symptoms.
- You have returned from overseas travel or visited a hotspot within the last 14 days.
- In the last 14 days you have been in contact with anyone who has been diagnosed with COVID-19 or is unwell, including cough or mild cold or flu-like symptoms
- For any other reason you believe you may have been exposed to COVID-19 in the last 14 days.
- If you have been diagnosed with COVID-19 and have visited the club prior to diagnosis, please advise the Club by email.

We are encouraging all participants to follow simple hygiene guidelines – wash your hands, sneeze into your elbow, observe social distancing and say at home/seek medical attention if you are sick.

Hygiene for Volunteers & Staff

- The frequent use of alcohol-based hand sanitiser is encouraged and will be readily available in the CYC Race Tower & all race support vessels.
- Common touch areas such as hand rails, common seating, power boat controls & race tower surfaces will be frequently cleaned and disinfected, and recorded in an area specific cleaning log.

Hygiene for Competitors

- As a skipper of a crewed boat, keep all common touch surfaces clean and disinfected, and provide hand sanitiser for your boat.
- For solo boats, do not touch other sailors' equipment, eg, beach trolleys and trailers.

Other Considerations

- Some safety equipment will be relocated from the CYC office to CYC tower on race days.
- In addition to usual seasonal risk management, the DCM and RO may consider the impact of reduced crew numbers on boats when making the decision to hold a race.