



#### Cost\*

Tackers, YSA Silver and Gold:	\$540 per term
	Club boat \$630 per term Private boat \$430 per term

\*Includes a season CYC membership.

#### **Course and dates**

	Term 4 2025	Term 1 2026
Tackers 1	18 Oct - 6 Dec *	7 Feb - 28 Mar #
Tackers 2	18 Oct - 6 Dec *	7 Feb - 28 Mar #
Tackers 3	17 Oct - 12 Dec ~	6 Feb - 27 Mar #
YSA Silver	18 Oct - 6 Dec *	7 Feb - 28 Mar#
YSA Gold	17 Oct - 12 Dec ~	6 Feb - 27 Mar #
YRS Optimist	19 Oct - 7 Dec	8 Feb - 29 Mar #
YRS Laser	15 Oct - 3 Dec ~	4 Feb - 26 Mar

#### Rescheduled dates due to regattas:

- \*Tackers 1, Tackers 2 & YSA Silver 1 November session moved to Friday 31 October 4pm-6pm
- \*Tackers 1, Tackers 2 & YSA Silver 15 November session moved to Friday 14 November 4pm-6pm
- ~ Tackers 3, YSA Gold no session on 24 October
- ~ YRS Laser no session on 22 October

# Term 1 - NO SESSIONS on Fri 6, Sat 7, Sun 8 March

All bookings online at www.canberrayc.com

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# **Canberra Yacht Club**

Youth Sailing Programs 2025-26

WELCOME to the Canberra Yacht Club Sailing School, a fun safe way to get kids into the sport of sailing. The School is a fully accredited Discover Sailing Centre by Australian Sailing.





#### Aim

Our aim is to make sailing fun and enjoyable for all. We provide a high level of coaching for all introduction courses and the opportunity for you to progress in the sport of sailing. We offer a comprehensive range of training for all levels of sailing.

# **Sailing Courses Available**

The Canberra Yacht Club offers safe sailing courses for children aged from 7 and up. Introductory courses are divided into two age groups Tackers 7-11 and OutThere Sailing 12-17. The courses are designed for beginners through to the experienced sailor.

The courses consist of approximately 16 hours of safe fun on the water during terms 4 and 1, with basic sailing theory and practical sailing with an instructor supervising at all times. We have a number of boats to suit all sizes and skills.

### **Tackers Sailing Courses**

Tackers offers children the opportunity to start on a pathway to ongoing involvement in sailing clubs through gradual progression over several terms. The Tackers program focuses on non-competitive sailing games in a supportive environment

#### Tackers 1 – "Having fun"

Participants will learn the basics of sailing, boating safety, and confidence in the boat. The boats are sailed two-up, with sailing games replacing traditional theory.

Sailing is on Saturday from 9.30-11.30am.

#### Tackers 2 – "Tricks and Techniques"

Participants will learn to sail single-handed, rig and launch independently as well as skills such as stopping, coming alongside and sailing backwards. Sailing is on Saturday from 12-2pm.

If numbers permit, there may be a second group from 2.30-4.30pm.

#### Tackers 3 – "Sailing Fast"

Participants get to sail boats on their own, learning how to make the boat go faster and playing more games, all whilst still under the guidance and support of the Instructor and Assistant Instructors.

Sailing is on Friday from 4-6pm.

# **OutThere Sailing Courses**

These courses are created for 12-17 year olds who want to try sailing in a non-competitive, social and fun setting. OutThere Sailing is the perfect way to have fun on the water without any long term commitment.

#### **Youth Sailing Academy Silver**

The YSA Silver program is for those who have completed a learn to sail course over the holidays or are an older beginning sailor. Participants will improve their sailing skills, learning how to rig, launch and sail the boats in a safe and controlled manner.

Sailing is on Saturday from 2:30-5pm.

#### Youth Sailing Academy Gold

The YSA Gold program is for the intermediate teenage sailors who have completed the Silver or Tackers 3 program and are interested in learning to race.

Gold is an invite only program that teaches relevant racing skills including starting, rules, tactics and strategy. The participants will be assigned a club Topper and it will be their responsibility for the duration of the course.

Sailing is on Friday from 4-6.30pm.

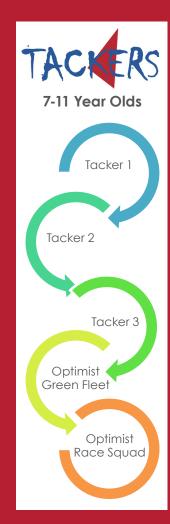
# Race Squads

#### **Youth Racing Squad - Optimist**

The Optimist program is aimed at intermediate to advanced younger sailors. This invite only program extends the student's sailing skill through pre-racing green fleet levels and then develops skills relevant to racing including start lines, rules and tactics, wind strategy and racing terminology. Participants are encouraged to sail in the club summer race program on Wednesday evening and Sunday afternoon, as well as attending interstate regattas. Participants are allocated a club Optimist or own their own boat.

Training is on Sunday from 11.15am-1.15pm.







All levels can be progressed towards during our 8 week term courses or our week long school holiday programs

#### Youth Racing - Laser

The Laser Squad is for older teenage sailors who are competent in racing, and are interested in travelling to events and sailing in Club racing on Wednesday evening and Sunday afternoon. The program is designed to further the sailor's knowledge of the rules, tactics and strategies of sailing as well as teaching them new boat handling skills that are useful in race situations and sail settings for all conditions. Participants use allocated CYC Lasers, or their own boats.

Training is on Wednesday from 4-7.30pm.