



MATTHEW OWEN TROPHY
Annual Series in Support of Rare Cancers Australia
29 March, 12 and 19 April 2026

SAILING INSTRUCTIONS

- * *To honour Matthew Owen's outstanding and long-term contribution to the CYC, and*
- * *To support and raise funds for Rare Cancers Australia*

1 RULES

- 1.1** The series will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2025 - 2028 except for changes indicated in relevant paragraphs in the Notice of Race and these Sailing Instructions. The Prescriptions and Special Regulations of Australian Sailing (AS) will apply.
- 1.2** As notified in the Notice of Race (NoR) and, in addition, that: SI 4.3 changes RRS Race Signals, SI 8.3 changes RRS 32.1, SI 10.1 changes RRS 26, SI 10.4 changes RRS A5, and SI 12.3 changes RRS 35 and A5.

2 CHANGE TO SAILING INSTRUCTIONS

- 2.1** Any change to the sailing instructions will be posted before 1200 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. These will be posted on the Official Notice Board located within the CYC Sailors Cabin, for a minimum of 1 week. Within that week these changes will also be posted on the CYC Website, www.canberrayc.com, until the end of the event. Race signals - Code Flag "L" ashore applies for the first race day after each change is posted.
- 2.2** Changes to a sailing instruction may also be made on the water or when a Race Committee Boat (RCB) / Race Control Tower (RCT) is on station, RRS Race Signals - Code Flag "L" Afloat applies.

3 NOTICE TO COMPETITORS

- 3.1** As detailed in NoR 2.
- 3.2** A competitor briefing will happen before the race if advised at sign on.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed at the Race Control Tower (RCT).
- 4.2** When the AP flag is displayed from the RCT when the Starting (Orange) Flag is not displayed, races not started are postponed and the first warning signal will be made 30 minutes after the AP flag is removed.
- 4.3** When the AP flag is displayed from the RCT when the Starting (Orange) Flag is displayed, races not started are postponed and the warning signal will be made 1 minute after the AP flag is removed. This changes RRS Race Signals.

5 SCHEDULE OF RACES

- 5.1** Dates of racing and the time of the first warning signal:

Race 1	29 March 2025	1400 hours
Race 2	12 April 2025	1400 hours
Race 3	19 April 2025	1400 hours.

5.2 The Race Officer may combine the starts of two or more Divisions.

6 FLAGS

6.1 Division Flags

Division 1	Off the beach multihulls	Numeral pennant 1
Division 2	Trailable Yachts	Numeral pennant 2
Division 3	Multi-handed Dinghies including Flying 15 & VX One (119 & below)	Numeral pennant 3
Division 4	Solo Dinghies (119 & below)	Numeral pennant 4
Division 5	Dinghies (120 – 132)	Numeral pennant 5
Division 6	Dinghies (133 and above) excluding Optimists	Numeral pennant 6
Division 7	Optimists	Numeral pennant 7

6.2 Signal Flags

Course Flag	Code flag A or B– refer to Illustration A
Rounding Direction Flag	Red – course marks are to be left to Port Green – course marks are to be left to Starboard
Starting Flag	Orange flag
Finish Flag	Blue flag

6.3 When displaying the Starting or Finish flag, the RCT / RCB is considered to be on-station.

7 COURSES

7.1 The appropriate course flag shall be displayed from the On-Station RCB/RCT prior to and during the start sequence. In addition, the rounding direction flag shall be flown to indicate which side the boats shall leave course marks.

7.2 The diagrams and tables in Illustration A (attached) show the courses and the order in which marks are to be passed. Diagrams are indicative only and do not specify an exact position for any part of the course.

8 SHORTENED COURSE

8.1 Courses may be shortened in accordance with RRS 32.2(a), or by use of the Shortened Course Mark.

8.2 The Shortened Course Mark is created by placing a ‘sock’ over an existing mark of the course applicable to Divisions for which the course is being shortened and a sound signal made at the mark. When the leading yacht in each Division rounds the Shortened Course Mark, it shall proceed directly to the finish line (at the RCB / RCT), crossing it from the direction of the Shortened Course Mark. The remaining competitors in each Division shall sail the required course as shortened and then proceed to the finish line.

8.3 The race committee may shorten a race after starting due to a change in wind conditions resulting in a severe lack of wind for a foreseeable future. The race committee shall not shorten under this SI without considering the consequences for all boats in the race or series. This changes RRS 32.1.

9 MARKS

9.1 Course marks 1, 2, and 3

Yellow cylindrical buoys

Starting and Finishing marks

Orange cylindrical buoy (or a black and white cylindrical buoy may be used as the finish mark)

Shortened Course mark

Blue with white band and black 'S' displayed (a 'sock' placed over the yellow course mark)

- Course marks may be numbered
- Course mark 1 may have a coloured band to differentiate it from other rounding marks

10 THE START

10.1 Races will be started using RRS 26 with the warning signal given 3 minutes before the starting signal and the preparatory signal given 2 minutes before the starting signal. Warning signals for Divisions will be as specified in SI 6.1. This changes RRS 26.

10.2 The starting line will be between the Starting Mark and the flagstaff on the RCB/RCT displaying the Starting Flag.

10.3 Boats whose Warning Signal has not been made shall keep clear of both the starting area and keep clear of all boats that are in their starting sequence.

10.4 A boat that is in the starting area and does not start within 10 minutes after her starting signal will be scored Did Not Start (DNS), in accordance with the NoR 10.4, without a hearing. This changes RRS A5.

11 THE FINISH

11.1 The finishing line will be between the Finishing Mark and the flagstaff of the RCB/RCT displaying the Finish Flag or, when a race is shortened in accordance with RRS 32.2(a), the finishing line will be between a mark of the course and the flagstaff of the RCB/RCT displaying an 'S' flag.

11.2 Boats shall keep clear of, and not cross, the finish line unless they are finishing.

12 TIME LIMITS

12.1 The intention is to have races of:

- 120 minutes duration for Division 2
- 90 minutes duration for Divisions 1 and 3
- 75 minutes duration for Divisions 4, 5, 6 and 7

12.2 The intention in paragraph 12.1 no way constitutes a minimum or maximum time limit for a race. The failure of a race to be of this duration will not constitute grounds for redress.

12.3 Boats not finishing within 45 minutes after the first boat in their Division sails the course and finishes, will be scored Did Not Finish. This changes RRS 35 and A5.

13 PROTESTS AND REQUESTS FOR REDRESS

13.1 Protest forms are in the Sailors Cabin. Protests shall be submitted in accordance with RRS 61.3 with the time limit for competitors being 45 minutes after the finish of the last boat of all Divisions.

13.2 Protests shall be in writing and shall be delivered to the Race Officer. Protests will be heard (at the CYC and at a time to be advised) usually on the Tuesday evening following the race day or

as soon as possible thereafter and in the order of receipt or in the most logical order determined by the Protest Committee.

14 SCORING

14.1 As detailed in the NoR.

15 SAFETY REGULATIONS

15.1 A competitor that has signed on but does not start, or that retires from a race shall notify the Race Committee as soon as possible.

16 SIGN – ON

16.1 Competitors are required to Sign-On before each race.

16.2 Electronic Sign On via the SailSYS system will be used.

16.3 The time limit for Sign-On is 30 minutes before the first scheduled warning signal of the first race of the day.

16.4 Failure to Sign-On will result in a score of Did Not Compete (DNC).

17 DISCLAIMER OF LIABILITY

17.1 Competitors participate in the series entirely at their own risk. See RRS 3, Decision to Race. The organising authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the series.

18 INSURANCE

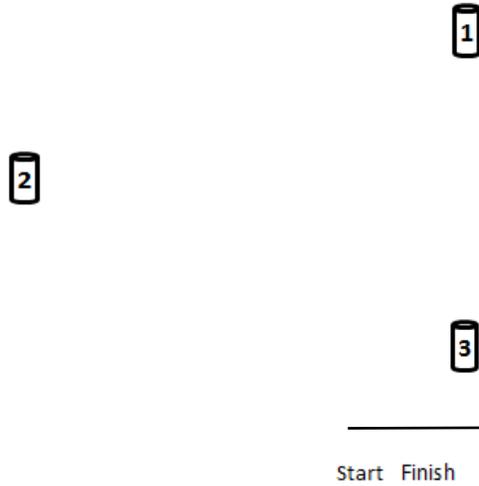
18.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10 million per event or the equivalent.

19 FURTHER INFORMATION

19.1 Contact Canberra Yacht Club telephone 6273 4777 or email at: admin@canberrayc.com

Illustration A

Course A – (triangular – port course illustrated)



Div 1, 2,	Start - 1 - 2 - 3 - 1 - 2 - 3 - 1 - 2 - 3 - 1 - 2 - Finish
Div 3, 4,	Start - 1 - 2 - 3 - 1 - 2 - 3 - 1 - 2 - Finish
Div 5, 6, 7	Start - 1 - 2 - 3 - 1 - 2 - Finish

Course B (windward return)



Div 1, 2,	Start - 1 - 2 - 1 - 2 - 1 - 2 - 1 - Finish
Div 3, 4,	Start - 1 - 2 - 1 - 2 - 1 - Finish
Div 5, 6, 7	Start - 1 - 2 - 1 - Finish