The ACT Government has begun to ease the restrictions on organised sport, and as such the CYC intends to recommence some operations, under strict adherence to current guidelines. Our foremost concern is with the health and welfare of those involved in sailing at our club, including our staff, volunteers, sailors and guests. As such, the CYC has implemented the following key actions to maximize health and safety while providing sailing opportunities for our community.

Racing: In accordance with the Notice of Race for the CYC Winter Series, compliance with this Safety Plan is enforceable under the Racing Rules of Sailing. This will also apply, as needed, to subsequent CYC series.

Physical Distancing
To encourage physical distancing, all racing will be conducted under the principle of “Get in, Sail, Get Out”

This means:
• The Sailors’ Cabin will remain closed on race days – No physical race presentation will occur.
• Series entry forms and daily Sign On / Sign Off requirements will be completed remotely - Online and via SMS.
• The Official Notice board for advice to competitors will be the Racing Information page of the CYC website.
• Change rooms should not be used – arrive changed and ready to sail, shower at home. This is a condition of all return to sport in the ACT at this time, and the CYC does not have oversight of the cleanliness of these facilities.
• Sailors are not to congregate in groups in the rigging areas before or after the race.
• Under advice from ACT Sport and Recreation COVID and Australian Sailing, each vessel is considered a separate venue, and as such can have up to 20 people on board, provided that 1.5 meters of physical distancing can be kept when reasonably practical. There should be no physical contact between participants.
• The 4 square meter rule will not apply while sailing, but should be observed on shore.

Contact Tracing & COVIDSAFE App
• It is a requirement that the CYC is able to contact all participants. Please carefully complete your online Racing Entry form, and update changed competitor details via SMS Sign On.
• The CYC strongly recommends participants download and use the Australian Government COVIDSAFE App.

Hygiene for all
We ask that you DO NOT ATTEND the club or connected areas if:
• You are feeling unwell including cough or mild flu-like symptoms.
• You have returned from overseas travel within the last 14 days.
• In the last 14 days you have been in contact with anyone who has been diagnosed with COVID-19 or is unwell, including cough or mild cold or flu-like symptoms
• For any other reason you believe you may have been exposed to COVID-19 in the last 14 days.
• If you have been diagnosed with COVID-19 and have visited the club prior to diagnosis, please advise the Club by email.

We are encouraging all participants to follow simple hygiene guidelines – wash your hands, sneeze into your elbow, observe social distancing and say at home/seek medical attention if you are sick.

Hygiene for Volunteers & Staff
• The frequent use of alcohol-based hand sanitiser is encouraged and will be readily available in the CYC Race Tower & all race support vessels.
• Common touch areas such as hand rails, common seating, power boat controls & race tower surfaces will be frequently cleaned and disinfected, and recorded in an area specific cleaning log.

Hygiene for Competitors
• As a skipper of a crewed boat, keep all common touch surfaces clean and disinfected, and provide hand sanitiser for your boat.
• For solo boats, do not touch other sailors’ equipment, eg, beach trolleys and trailers.

Other Considerations
• Some safety equipment will be relocated from the CYC office to CYC tower on race days.
• In addition to usual seasonal risk management, the DCM and RO may consider the impact of reduced crew numbers on boats when making the decision to hold a race.

GET IN – SAIL – GET OUT