2018 Careel 18 & 22 NSW State & National Championships  
10 and 11 November 2018

CANBERRA YACHT CLUB

SAILING INSTRUCTIONS

RULES
1.1 The races will be governed by the current ISAF Racing Rules of Sailing 2017 – 2020 (RRS), the Prescriptions and Special Regulations of Australia Sailing (AS) and the rules and safety regulations of the Careel Cruising Yacht Association (CCYA). The regatta is designated as a Category 7 event in accordance with Special Regulations Part 1 of the RRS.

1.2 Racing rules 35, Part 4 preamble, 61.3, 66, A2, A4, A5 and Race Signals will be changed as follows:
   (a) Boats failing to finish within 30 minutes after the first boat in its Division finishes will be scored Did Not Finish (DNF). This changes rules 35 and A4.
   (b) Rules 61.3, ‘Protest Time Limit’, will be changed so that the protest time limit is 45 minutes after the last boat has finished the last race of the day.
   (c) Rule 66, ‘Reopening a Hearing’, will be changed so that on the last day of the regatta a party to a hearing may ask for a reopening no later than 30 minutes after being informed of the decision on that day.
   (d) Rule A4, ‘Scoring’, will be changed so that any boat starting later than 10 minutes after her starting signal will be scored DNS.
   (e) Race Signals will be changed so that when flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP.

NOTICES TO COMPETITORS
2.1 Notices to competitors will be posted on the official notice board located in the Sailor’s Cabin of the Canberra Yacht Club (CYC).

CHANGES TO SAILING INSTRUCTIONS
3.1 Any change to the Sailing Instructions will be posted before 0900 hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hrs on the day before it will take effect.

IGNALS MADE ASHORE
4.1 Signals made ashore will be displayed at CYC race control tower.
4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP. This changes RRS Race Signals.
SCHEDULE OF RACES

5.1 The schedule races for Divisions 1 and 2 will be as follows:

<table>
<thead>
<tr>
<th>Race</th>
<th>Race Type</th>
<th>Day and Date</th>
<th>Time of Warning Signal</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Passage</td>
<td>Saturday 10 November</td>
<td>1200 hrs</td>
</tr>
<tr>
<td>2</td>
<td>Windward/Return</td>
<td>Saturday 10 November</td>
<td>1500 hrs</td>
</tr>
<tr>
<td>3</td>
<td>Windward/Return</td>
<td>Saturday 10 November</td>
<td>No earlier than 5 minutes after the completion of Race 2</td>
</tr>
<tr>
<td>4</td>
<td>Triangle</td>
<td>Saturday 11 November</td>
<td>1000 hrs</td>
</tr>
<tr>
<td>5</td>
<td>Triangle</td>
<td>Sunday 11 November</td>
<td>No earlier than 5 minutes after the completion of Race 4</td>
</tr>
<tr>
<td>Spare</td>
<td>Any course type</td>
<td>Sunday 11 November</td>
<td>Not before 1400</td>
</tr>
</tbody>
</table>

5.2 The scheduled time of the warning signal for the first race each day is 1200 hrs on Saturday 10 November 2018 and 1500 hrs on Sunday 11 November 2018.

5.3 The need to conduct the spare race will be notified to competitors by 0900 on Sunday 11 November with a notice on the official notice board.

5.4 On the last day of the regatta no warning signal will be made after 1500 hours.

DIVISIONAL FLAGS

6.1 Division 1: Careel 22 Red Careel insignia on white background
Division 2: Careel 18 White Careel insignia on blue background.

THE COURSES

7.1 The diagrams in Attachments A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

7.2 Race 1 will be a passage course as illustrated in Diagram 3.

7.3 Races 2 and 3 will be windward / leeward course as illustrated in Diagram 1.

7.4 Race 4 and 5 will be a triangular course as illustrated in Diagram 2.

7.5 For all Divisions the side on which each mark is to be left will be indicated by the flying of a flag from the race committee boat at or before the warning signal – red for port rounding; green for starboard rounding.

7.6 The approximate compass bearing from the start line to Mark 1 may be displayed from the race committee boat.

MARKS

8.1 Marks for all courses will be numbered cylindrical yellow buoys.

8.2 For the windward / leeward course Mark 2 will be placed as a clearing buoy about 3 boat lengths from Mark 1.

8.3 The starting marks will be the race committee boat and a cylindrical orange buoy.

8.4 The finishing marks will be the race committee boat and a cylindrical black and white chequered buoy.

THE START

9.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.

9.2 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the port-end starting mark.

9.3 Boats whose warning signal has not been made shall avoid the starting area.

9.4 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.
THE FINISH
10.1 The finishing line will be between the flagstaff of the race committee boat displaying an orange flag; and the finishing mark, except in the case of a shortened course finish at a mark when the finishing line will be between a mark of the course and the flagstaff of the CYC committee boat displaying an orange flag.

TIME LIMITS
11.1 The intention is to conduct races of the following duration for Division 1 and 2:
- Race 1 – about 2 hours 30 mins
- Race 2 and 3 – about 1 hour
- Race 4 and 5 (Spare) – about 1 hour and 30 mins.
11.2 The time limit is 30 minutes after the first finisher in Divisions 1 to 2. Boats whose finishing time exceeds the time limit will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

PROTESTS AND REQUESTS FOR REDRESS
12.1 Protest forms are located in the CYC sailor’s cabin or from the Race Officer. Protests shall be submitted within the protest time limit and delivered to the Race Officer.
12.2 The protest time limit is 45 minutes after the finish of the last boat of all Divisions in the last race of the day. This changes rule 61.3.
12.3 CCYA members will be used to constitute a protest committee.
12.4 Notices of any protest will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the CYC as soon as possible thereafter, or as advised.

SCORING
13.1 Appendix A (RRS) will apply for scoring with the use of the Low Point System.
13.2 Five races are scheduled of which four races must be completed to constitute the National Championship in each class. The CCYA reserves the right to amend the National Championship requirements in the event that less than four races are completed.
13.3 If five races are completed the worst result of each boat shall be discarded with the remaining races being counted for that boat’s total score. If only four races are completed all results will count.
13.4 The NSW State Championships shall be competed for over the last three races completed in each class with all races to count. The CCYA reserves the right to amend the State Championship requirements in the event that less than three races are completed.

SAFETY REGULATIONS
14.1 Competitors shall Sign On, at the Sailor’s Cabin, between 0900 and 1030 hours on Saturday 10 November 2018 and between 0830 and 0930 hours on Sunday 11 November 2018.
14.2 Competitors are required to Sign Off, at the Sailor’s Cabin, on the conclusion of each day’s racing.
14.3 Failure to sign off within 60 minutes of the last competitor finishing the last day’s race shall mean disqualification (DSQ) of that day’s racing.
14.4 A boat that retires from a race shall notify the race committee as soon as possible.

WIND STRENGTH
15. Should the wind speed exceed 20 knots for a period of 10 minutes, 30 minutes before the scheduled race start, the Race Committee may postpone or abandon the race. The Race Officer (RO) shall be the sole judge as to wind speed, which will be determined from within the racing area.
CREW AND EQUIPMENT
16.1 Substitution of crew will not be allowed without prior written approval of the Race Committee.
16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee.
16.3 Requests for any substitution shall be made to the Committee at the first reasonable opportunity.

EQUIPMENT AND MEASUREMENT CHECKS
17.1 A boat and / or equipment may be inspected at any time for compliance with regard to CCYA Class Rule/s and the Sailing Instructions.

PRIZES
18.1 The declaration of results and presentation of trophies will take place at the CYC Sailors’ Cabin as soon as possible after the completion of the Championships.
18.2 Prizes will be awarded to the following:
   (a) Perpetual trophy to the winner of each class in each Championship on both scratch & handicap.
   (b) Trophies and/or prizes to the skipper and crew of the 1st, 2nd and 3rd placegetters on scratch in each class and Championship.
   (c) Trophies and/or prizes to the skipper and crew of the 1st, 2nd and 3rd placegetters on handicap in each class and Championship.
18.3 The CCYA Committee may choose to alter prizes as per instruction - Careel Racing Rules and Procedures P1, Trophy and/or prizes for either scratch or handicap placings will only be awarded to:
   • 1st place - if there are 4 competitors or fewer.
   • 1st and 2nd place - if there are 5, 6 or 7 competitors.
   • 1st, 2nd and 3rd places - if there are 8 competitors or more.

DISCLAIMER OF LIABILITY
19.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race ‘The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone’.
19.2 The organizing authority or CCYA or its officials will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

INSURANCE
20.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of $10,000,000 per event or the equivalent
Diagram 1 - Windward Leeward
Marks 3 and 4 will form a GATE. Competitors will pass mark 3 to starboard or mark 4 to port.

Course:
Start to 1 to 2 to Gate
to 1 to 2 to Gate
to 1 to 2 to Gate
to 1 to 2 to Finish

Diagram 2 - Triangle
Course: (Port Rounding illustrated)
Start to 1 to 2 to 3
to 1 to 2 to 3
to 1 to 2 to 3
to 1 to 2 to Finish

Diagram 3 - Passage Race
Course: (Port Rounding illustrated)
Start to 1 to 2 to 3 to 4
to 1 to 2 to 3 to 4
to 1 to 2 to 3 to 4
to 1 to 2 to 3 to 4
to 1 to Finish
Diagram 1 - Windward Leeward

Marks 3 and 4 will form a GATE. Competitors will pass mark 3 to starboard or mark 4 to port.

Course:
Start to 1 to 2 to Gate
to 1 to 2 to Gate
to 1 to 2 to Finish

Diagram 2 - Triangle

Course: (Port Rounding illustrated)
Start to 1 to 2 to 3
to 1 to 2 to 3
to 1 to 2 to Finish

Diagram 3 - Passage Race

Course: (Port Rounding illustrated)
Start to 1 to 2 to 3 to 4
to 1 to 2 to 3 to 4
to 1 to 2 to 3 to 4
to 1 to Finish